



Ballycastle Runners AC Membership Application



Club membership coincides with the Athletics NI registration year from 1st April to 31 March irrespective of when the person is first registered.

PERSONAL INFORMATION

Full Name:	
Date of Birth:	
Address: (inc postcode)	
Mobile Number:	
Email Address:	
In Case of Emergency contact name & number:	

PHYSICAL ACTIVITY READINESS QUESTIONNAIRE

Do you have any injury or illness that Ballycastle Runners need to be aware of that may limit your participation in training sessions?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Are you currently involved in any other forms of exercise?	Yes <input type="checkbox"/> No <input type="checkbox"/>
If YES what type and how often?:	
Have you done any running before?	Yes <input type="checkbox"/> No <input type="checkbox"/>
If YES what distances and how often?:	
Do you suffer from any of the following?	Diabetes <input type="checkbox"/> Heart Problems <input type="checkbox"/> Joint Problems <input type="checkbox"/> Asthma <input type="checkbox"/> High blood pressure <input type="checkbox"/> Back Pain <input type="checkbox"/> Previous Injuries <input type="checkbox"/>
Do you suffer from any health condition requiring medication, any other medical condition or any health considerations we ought to know about?	Yes <input type="checkbox"/> No <input type="checkbox"/>
If YES what type and how often?:	

PERSONAL STATEMENT AND DECLARATION

- I will take responsibility, during training and practical sessions, for working at a level that is appropriate to me on that day. I confirm that I understand that participation in Ballycastle Runners AC training sessions is entirely at my own risk and I should consult my own doctor if suffering from any condition that might make running injurious to my health.
- I declare that the details provided above are correct.
- I declare that I am an amateur as defined by UKA and have never been refused membership of another club, nor have had membership of another club terminated.
- I declare that I have no medical condition which would endanger myself or others and understand that Ballycastle Runners AC is not liable for any loss, damage or injury sustained during my membership.
- I agree to be registered with the Athletics Northern Ireland and wish to apply for membership of Ballycastle Runners AC and agree to abide by the rules and constitution of the club. I agree to Ballycastle Runners AC using my photographs (if taken during events or training) for publicity for the club on the following locations: Facebook/Instagram Twitter Club email/newsletter Local newspaper

Privacy

Ballycastle Runners AC will not share your personal data with any third parties other than Athletics NI for the purposes of maintaining membership. This includes registering you as an athlete with Athletics NI which is essential to club membership and provides you with access to Athletics NI membership services and benefits. Please also take time to read the Ballycastle Runners AC and Athletics NI privacy notices. These set out how we use your data, how it is kept secure, who it is shared with and your rights as a data subject.

Signed:	Date:
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Please pay £30 by BANK TRANSFER or CASH in an envelope with your name on it.

Bank Transfers :

Name: Ballycastle Runners AC Acc: 11488374 Sort Code: 08-71-99 Ref: *your name*



Club Code of Conduct: Senior Athletes

As a responsible athlete, I will:

- ➔ abide by the UKA and the HCAF Adult Safeguarding Policy and Adult safeguarding Procedures <https://athleticsni.org/download/files/Codes-of-conduct-booklet.pdf>
- ➔ abide by the UKA and the HCAF Child Safeguarding Policy and Child safeguarding Procedures
- ➔ respect the rights, dignity and worth of every club member, athlete, coach, technical official and others involved in athletics and treat everyone with equality
- ➔ uphold the same sporting values away from sport as I do when I am engaged in athletics
- ➔ participate within the rules of the sport, respect decisions of coaches and officials, and demonstrate respect towards fellow athletes
- ➔ cooperate fully with others involved in the sport such as coaches, technical officials, team managers, doctors, physiotherapists, sport scientists and representatives of the governing body in my best interests and those of other athletes
- ➔ consistently promote positive aspects of the sport and never condone rule violations or the use of prohibited substances
- ➔ anticipate and be responsible for my own needs, including being organised, having the appropriate equipment and being on time
- ➔ inform my coach of any other coaching that I am seeking or receiving
- ➔ act with dignity and display courtesy and good manners towards others
- ➔ in no way undermine, put down or belittle other athletes, coaches or practitioners
- ➔ refrain from swearing and abusive language whilst in athletic venues, at club functions, whilst participating in Facebook/Whatsapp chats, at training, events, or when as part of a team/squad
- ➔ never engage in any inappropriate or illegal behaviour
- ➔ challenge and report inappropriate behaviour and language by others
- ➔ not misuse or abuse sporting equipment and venues
- ➔ not carry or consume alcohol or illegal substances while training or competing in athletics
- ➔ maintain strict boundaries between friendship and intimacy with a coach or official
- ➔ use safe transport or travel arrangements
- ➔ act ethically, professionally and with integrity, and take responsibility for your actions.
- ➔ promote an environment where all concerns can be raised without fear of victimisation or reprisal

BREACH OF THE CODE OF CONDUCT

I understand that if I do not follow the code, action can be taken by my club and I may:

- be asked to apologise for my behaviour
- receive a verbal warning from my coach
- receive a verbal or written warning from the club committee
- be suspended from attending club training sessions
- be suspended from the club
- be required to leave the club.

Print Name:	
Signature:	Date: